Let’s talk about microaggressions

A microaggression is an intentional or accidental comment or action that negatively targets a marginalised group of people. Here are some common examples which can harm LGBT+ colleagues.

“You’re bisexual? Does that make your partner insecure?”
“I’m not homophobic, but…”

“So, what are you?”
“You aren’t a typical gay guy”
“I have a cousin like you”

“You’re too pretty to be a lesbian”
“So, have you had the surgery yet?”
“That’s so gay”

Remember to focus on the effect your words and actions can have on others – your intentions are not the only thing that matters.

Find out more at: www.bva.co.uk/goodworkplaces